

Exploring The Relevance and Evolution of High School Guidance

FREE Interactive Lecture/Discussion

Calling Guidance Counselors, Educators, Administrators, Parents of College Bound teens of any age and High School Students who are considering their future.

WHO? Five-time author, Ted Talk Presenter and Veteran Career Coach, Laura Berman Fortgang, MCC, invites you to attend three focus groups at no cost in Montclair, in July of 2016.

WHAT? The purpose of the sessions will be to hear your questions and concerns about guiding young people and Laura Berman Fortgang sharing her discoveries of what is working and not working for our young people based on her work with Post College and adult career coaching clients.

WHEN and WHERE? Three sessions, one for counselors/educators, one for parents and one for students will take place on July 11th, 19th and 21st respectively from 7-9pm at C3Workplace, 26 Park Street in Montclair, 2nd Flr. (street and YMCA parking lot available). There is *no cost* and *light refreshment* will be available.

WHY Attend?

Guidance Counselors and Educators-- Come meet like minded folks, share your thoughts on what today's students need from you and hear thoughts from your host on what her discoveries working with adults has revealed about how we currently do guidance for young people. Gain new ideas for yourself and your students.

Parents—Ask questions and share your concerns about directing your child's future in terms of choices of career direction and appropriate education or training. Learn what really works in the world of work for your youngster post-graduation and how you can help set the stage.

High School Students—Without worrying about what your parents or teachers think, come discuss with fellow students what your thoughts and fears are about focusing your studies to one direction or another. And what if you don't have any clue as to what you want to do with your life? (you're only a teenager, for goodness sakes!) That's OK too. Most people don't. Let Laura dispel the myths and help you understand how to make a choice now or later, whenever it's right for you.

Monday, July 11th—Counselors and Educators Only

Wednesday, July 19th Parents Only

Thursday, July 21st—Students Only (college age is OK too)

PLEASE REGISTER by 7/8 for 7/11 and 7/15 for others TO ATTEND BY EMAILING lbf@nowwhatcoaching.com. SPACE IS LIMITED.



Laura's professional life is anchored by her international reputation as a pioneer in the personal coaching field. One of the first to receive formal coach training, she also was part of the founding team of the International Coach Federation which led to being called upon in corporate, government, education and public sectors as an expert on coaching skills training and its impact on careers and personal leadership.

Laura has brought coaching to NASA, the Army Corps of Engineers, and Florida's State Government as well as to dozens of Fortune 500 companies that include giants in finance, pharmaceuticals and food service and supply. She has worked internationally for the World Bank, J&J

in Singapore, a private company in Tokyo and teaching coaching skills in London, Dublin, and Stockholm.

Also popular in mainstream media, Laura's appearances on *Oprah*, *The CBS Early Show*, *NBC's Today*, *Good Morning America*, *CNN*, *CNBC*, to name a few, as well as a long stint as contributing editor for Redbook Magazine and as a Huffington post blogger, has helped her reach millions of people who want to improve their work and life.

Laura is a sought-after professional speaker whose signature sense of humor is part of her appeal. The same voice is captured in her five best-selling books now published in 13 languages. They include: *The Prosperity Plan*, *Now What? 90 Days to a New Life Direction*, *Living Your Best Life*, *Take Yourself to the Top* and *The Little Book On Meaning* which was a finalist for a Books for a Better Life award alongside the Dalai Lama.

Through her coaching company, **InterCoach, Inc./Now What?® Coaching**, Laura has provided one-on-one coaching to diverse clients ranging from homemakers to celebrities and C-suite executives to small business owners for twenty-five years.

Laura holds a B.S. in Communications from Boston University, is a graduate of Coach University and was ordained in 2006 by One Spirit Interfaith Seminary in New York City. She speaks Spanish fluently and uses her French when needed.

A wife and mother of three, Laura resides in Verona, New Jersey where she is actively involved as President of the Verona Music Parents Association.